

# Gluten Free Menu

## Starters & things to share

<b>Cypressa Mixed Olives</b> (ve) (239 kcal) Sundried tomatoes, garlic & herb dressing	£4.60	<b>Chef's Signature Soup</b> (v) (571 kcal) Served with gluten free bread	£6.75
<b>Homemade Pork Crackling</b> (717 kcal) Rosemary, thyme and salt crust	£3.65	<b>Chicken Liver Pâté</b> (947 kcal) Apple & pear chutney with gluten free bread	£7.95
<b>Baked Camembert for Two</b> (v) (1101 kcal) Confit garlic, toasted gluten free bread with apple & pear chutney	£13.75	<b>Watermelon and Feta Salad</b> (ve) (872 kcal) Basil oil and rocket	£8.75
<b>Chilli Seared Scallops</b> (280 kcal) Serrano ham, sweetcorn purée and paprika popcorn	£11.95	<b>Creamed Wild Mushrooms</b> (v) (1066 kcal) Toasted gluten free bread and crispy fried egg	£7.95
<b>Smoked Haddock Florentine Fishcake</b> (697 kcal) Crispy egg with a cheese & chive sauce	£8.25		

## Mains

<b>Treacle Baked Ham and Eggs</b> (880 kcal) £14.95 Thick-cut chips, grilled tomato and garden peas
<b>Vegetable Tagine Tart</b> (ve) (916 kcal) £14.95 Sautéed potatoes, olives and spinach
<b>Pan Fried Sea Bream Fillet</b> (1118 kcal) £19.95 Baby prawn & pea risotto, crispy rocket and hard cheese
<b>Classic Fish Pie</b> (1256 kcal) £18.95 White fish, smoked haddock, king prawns and scallop bound in a creamy velouté sauce, topped with cheesy mashed potato and sautéed greens
<b>Chicken Wrapped in Serrano Ham</b> (939 kcal) £16.95 Stuffed with basil, sundried tomato & Mozzarella, sautéed potatoes, olives, spinach and tomato sauce

## From the Grill

Our steaks are served with thick-cut chips, grilled thyme roasted tomato, flat mushroom and watercress

<b>10oz Ribeye Steak</b> (1027 kcal) £26.95
<b>Choose a sauce for your steak:</b> Cracked black pepper (136 kcal), or wild mushroom cream sauce (197 kcal)
<b>10oz Honey Glazed Bacon Steak</b> (1311 kcal) £16.95 Grilled pineapple and fried egg

## Salads

All our salads come with mixed grains, tomatoes, soy beans, kale, pumpkin seeds, baby gem, mixed leaves, cucumber and red onion (ve)

<b>Add: Chicken</b> (345 kcal) £14.95
<b>Add: Rump Steak</b> (597 kcal) £16.95
<b>Add: Sea Bream</b> (554 kcal) £17.95
<b>Add: Grilled Halloumi</b> (745 kcal) £14.95
<b>Add: Watermelon &amp; Feta Cheese</b> (ve) (897 kcal) £15.95
<b>Classic Chicken Caesar Salad</b> (1146 kcal) £15.95 Hard cheese, anchovies, crispy fried egg and Caesar dressing

## Sides

<b>Thick-Cut Chips</b> (ve) (337 kcal) £3.95	<b>Mashed Potato topped with Feta Cheese and Chives</b> (v) (534 kcal) £4.50	<b>Dressed Side Salad</b> (ve) (42 kcal) £3.95
<b>Fries</b> (ve) (520 kcal) £3.95		<b>Sautéed Greens</b> (ve) (293 kcal) £3.95

## Desserts

<b>Eton Mess Meringue with White Chocolate &amp; Raspberry</b> (v) (812 kcal) £8.95 Topped with thick cream, raspberry ripple ice cream and fruit compote	<b>Mango &amp; Stem Ginger Posset</b> (v) (1160 kcal) £7.95	<b>Double Chocolate Brownie</b> (v) (919 kcal) £7.95 Vanilla ice cream
	<b>Mixed Ice Cream</b> (v) (350 kcal) £6.25 Ask for today's choice	

## Sunday Roast Platter for Two *only* £39.95

(4343 kcal)

AVAILABLE ALL DAY SUNDAY

12 hour roast beef, treacle baked ham, half roast chicken, turkey, mashed potatoes, roast potatoes, parsnips, carrot & swede, red cabbage, mixed greens and a bottomless jug of real gravy.

## Sunday Roasts

Available all day Sunday only

All our Sunday roasts are served with traditional vegetables, roast potatoes and real gravy

<b>Duo of Meats</b> (1873 kcal) £19.50 Ask for today's choice	<b>Half Roast Chicken</b> (1819 kcal) £16.95
<b>12 Hour Roast Beef</b> (1628 kcal) £17.45 Served with creamed horseradish sauce	<b>Treacle Baked Ham</b> (1217 kcal) £15.95
	<b>Roast Turkey</b> (1571 kcal) £16.95